



1

SERVES/MAKES



COOKING TIME:  
Preparation Only



COOKING STYLE:  
No Cooking Required

## LANCEWOOD® CHEESY CHICKEN WRAP

### INGREDIENTS:

- 1 wrap
- 40 g LANCEWOOD Cheese Melt™ BBQ
- 30 g cooked chicken, shredded
- 3 baby tomatoes, quartered
- 25 g LANCEWOOD® Cheddar, grated
- 3 lettuce leaves
- 3 slices of red onion
- 3 g fresh parsley
- Salt & freshly ground black pepper to taste

### METHOD:

Spread the Cheese Melt in the center of the wrap. Add the chicken, baby tomatoes, cheese, lettuce, red onion and parsley. Take care not to over fill the wrap. Season to taste and tightly fold and roll the wrap. Cut in half and enjoy!

### PRODUCTS USED:



BBQ Cheese Melt Dip



Cheddar

**ENJOY!**