



2

SERVES/MAKES



COOKING TIME:
Preparation Only



COOKING STYLE:
No Cooking Required

LANCEWOOD® EASY LUNCHBOX FILLERS

INGREDIENTS:

CREAMY MARMITE® SANDWICHES:

2 slices bread

LANCEWOOD Spread Delight™ Marmite® Full Cream Spread

4 slices tomato

1 lettuce leaf

Optional extras:

Add sliced ham, **LANCEWOOD® Cheddar**, egg or cucumber

CREAMY CHOCOLATE OAT BITES:

125 ml oats

125 g **LANCEWOOD Spread Delight™ Chocolate Full Cream Spread**

50 g almonds, chopped

CREAMY LEMON & HERB DIP:

15 ml **LANCEWOOD Spread Delight™ Plain Full Cream Spread**

15 ml chives, chipped

Salt & freshly ground black pepper to taste

15 ml lemon juice

METHOD:

CREAMY MARMITE® SANDWICHES:

Assemble the sandwich by spreading the **LANCEWOOD Spread Delight™ Marmite® Full Cream Spread** over a slice of bread. Add your desired filling. Top with a slice of bread and cut into quarters.

CREAMY CHOCOLATE OAT BITES:

Place the oats, **LANCEWOOD Spread Delight™ Chocolate Full Cream Spread** and almonds in a bowl and combine well. Roll bite-size portions into balls and enjoy.

CREAMY LEMON & HERB DIP:

Place the **LANCEWOOD Spread Delight™ Plain Full Cream Spread**, chives, seasoning and lemon juice in a bowl and whisk together. Enjoy with fresh vegetables and crackers.

PRODUCTS USED:



Cheddar



Marmite® Full Cream Cheese Spread



Plain Full Cream Cheese Spread

ENJOY!